



4002 N. 144th phone: 496-8812  
 11am - 9pm (Mon - Thur) 11am - 10pm (Fri & Sat)  
 4pm - 9pm (Sunday) [ close: 3pm - 4pm everyday ]

## STARTERS

A gratuity of 15% for a party of eight or more will be applied

<b>Five Spice Pork Spring Roll</b>	\$5.95
Pork with jicamas, carrots, and shiitake mushrooms (6)	
<b>Steamed Wonton Shrimp</b>	\$7.95
Wonton wrapped stuffed shrimp, served with seasonal fruit salad (5)	
<b>Crispy Fried Calamari</b>	\$7.95
Served with marinara sauce and whole-grain mustard aioli	
<b>Tempura Shrimp on Romaine Lettuce</b>	\$6.95
Tempura shrimp with creamy lemon sauce on Romaine lettuce heart (3)	
<b>Broiled Lemon Garlic Shrimp</b>	\$7.95
Broiled shrimp served with seasonal fruit salad and mango sauce (6)	
<b>Crab Cakes</b>	\$9.95
Blue crab meat with lemon butter sauce (3)	
<b>Pan-seared Pork Dumplings</b>	\$5.95
Served with fruit salad, soy ginger sauce and chili sauce (6)	
<b>Lettuce Wraps</b>	Chicken \$7.95 Shrimp \$8.95
Your choice of chicken or shrimp served with carrots, celery and shiitake mushrooms (4)	
<b>Indonesian Chicken Satay</b>	\$6.95
Tender chicken skewers served with peanut sauce (5)	

## SOUP & SALAD

Honey Carrot, Sesame, Ranch and Italian dressings are available to accompany salads

<b>Mushroom Chicken Soup</b>	\$3.95
Chicken plus a medley of straw, button and shiitake mushrooms	
<b>Wave Wonton Soup</b>	\$4.95
Wontons with chicken, shrimp and vegetables	
<b>Garden Salad</b>	\$5.95
Mixed green salad with tomatoes and English cucumbers	
<b>Teriyaki Chicken Salad</b>	\$7.95
Pan roasted Teriyaki chicken with baby spring salad mix	
<b>Pan Seared Ahi Tuna and Baby Spinach Salad</b>	\$9.95
Pan seared Ahi tuna with baby spinach	
<b>Cashew-Crusted Salmon Salad</b>	\$9.95
Broiled cashew-crusted salmon, served with baby spring salad mix	

## MAIN COURSES

All main-course dishes are served with your choice of fried rice or steamed rice, plus our special Asian bread \*\* indicates a spicy undertone

## SEAFOOD

<b>Salmon Roulade</b>	\$14.95
Pan-seared stuffed salmon roll with a teriyaki and a creamy wasabi sauce	

<b>Steamed Flounder Fillet</b>	\$14.95
Served with baby bok choy and carrots, with a ginger soy sauce	
<b>Cashew-Crusted Salmon</b>	\$14.95
Broiled cashew-crusted salmon, served with vegetables and rice in a teriyaki glaze	
<b>Tempura Fish Fillet</b>	\$14.95
Crispy flounder fillet served with tartar and sweet chili sauce	
<b>Lemon Creamy Almond Shrimp</b>	\$15.95
Shrimp coated with lemon creamy sauce served with fruit salad	
<b>Szechwan Spiced Shrimp **</b>	\$17.95
Jumbo shrimp served with Szechwan sauce	
<b>Miso Chilean Sea Bass</b>	\$21.95
Pan-seared Chilean sea bass with asparagus, served with a creamy miso sauce	

## BEEF & PORK

<b>Sliced Beef in Spiced Hoisin Sauce **</b>	\$14.95
Beef shoulder tenderloin stir-fried with sweet onions and green onions in a spiced hoisin sauce	
<b>Mongolian Pork Chop</b>	\$14.95
Broiled tender pork chops served with vegetable and soy sauce glaze	
<b>Medallion of Pork Tenderloin</b>	\$15.95
Pan-roasted plum stuffed pork tenderloin, baby bok choy and teriyaki sauce	
<b>Indonesian Rendang Beef **</b>	\$15.95
Beef stew in Indonesian spiced sauce	
<b>Teriyaki Flank Steak</b>	\$16.95
Broiled choice flank steak with seasonal vegetables and glazed in a teriyaki sauce	

## CHICKEN & DUCK

<b>Chicken in Spiced Hoisin Sauce **</b>	\$12.95
Sliced chicken breast, sweet onions and green onions served with spiced Hoisin sauce	
<b>Teriyaki Chicken</b>	\$12.95
Pan roasted chicken breast and seasonal garden vegetables glazed in teriyaki sauce	
<b>Green Curry Chicken **</b>	\$13.95
Diced chicken in a sauce of coconut milk and green curry	
<b>Tea Smoked Duck Breast **</b>	\$15.95
Szechwan-style tea-smoked duck, served with seasonal fruit salad and a golden raisin sauce	

## VEGETABLES

<b>Stir-Fried Fresh Vegetables</b>	\$9.95
Asparagus, red and green bell pepper, mushrooms, zucchini and yellow squash	
<b>Green Curry Vegetables **</b>	\$9.95
A variety of fresh vegetables in green curry sauce	
<b>Vegetable Joy</b>	\$12.95
The combination of deep-fried tofu, steamed asparagus and stir-fried vegetables	

## NOODLES & RICE

<b>Yakisoba or Yakiudon</b>	
<b>Chicken \$10.95 Beef \$11.95 Shrimp \$12.95</b>	
Fresh Japanese-style noodles cooked with vegetables and your choice of the above	
<b>Chinese Fried Rice</b>	
<b>Chicken \$9.95 Beef \$10.95 Shrimp \$11.95</b>	
Traditional Chinese fried rice and choice of the above	
<b>Thai Pineapple and Chicken Fried Rice</b>	\$9.95
The flavors of Southeast-Asia style fried rice, with pineapple and chicken	

## SWEETS

<b>Trio Crème Brûlée</b>	\$6.75
Three flavored with banana, lemon and vanilla, served with seasonal fruit	
<b>White Chocolate Mousse Torte</b>	\$6.75
Made with Swiss imported Garnet white chocolate	
<b>Vanilla Soufflé Cheesecake</b>	\$6.25
A famous feather light Japanese-style cheesecake, served with chocolate and raspberry sauce	
<b>Triple Flavored Ice Cream</b>	\$5.95
A scoop of strawberry, chocolate and vanilla ice cream, served with chocolate sauce	

## LUNCH SPECIAL

All entrees include your choice of garden salad or our soup of the day. \*\* indicates a spicy undertone.

<b>Pork Egg Roll</b>	\$1.50
<b>California Roll</b>	\$5.25
<b>Garden Salad and Daily Soup</b>	\$5.95
<b>Stir-Fried Fresh Vegetables</b>	\$6.25
Asparagus, red and green bell pepper, mushrooms, zucchini and yellow squash	
<b>Chicken in Spiced Hoisin Sauce **</b>	\$6.95
Chicken, sweet onion, red bell pepper and green onion in spiced hoisin sauce on a bed of rice	
<b>Chicken with Hot Garlic Sauce **</b>	\$6.95
Stir-fried sliced chicken breast, with carrots, celery and water chestnuts in a spicy garlic sauce	
<b>Dual mushroom Chicken</b>	\$6.95
Stir-fried chicken breast with button and straw mushrooms	
<b>Orange Chicken **</b>	\$6.95
Chunck chicken breast and bok choy in orange flavored glaze	
<b>Thai Green Curry Chicken **</b>	\$6.95
Chicken breast with green and red peppers in a Thai style green curry sauce	
<b>Mongolian Pork Chops</b>	\$7.25
Broiled tender pork chops, vegetable and steamed rice	
<b>Indonesian Rendang Beef **</b>	\$7.25
Indonesian-spiced beef stew served with steamed rice	
<b>Beef in Spiced Hoisin Sauce **</b>	\$7.25
Beef, sweet onion, red bell pepper, and green onion in spiced hoisin sauce on a bed of rice	
<b>Fried Rice Chicken \$6.25 Beef \$6.95 Shrimp \$7.25</b>	
<b>Lo Mein ( Soft Noodles )</b>	
<b>Chicken \$6.25 Beef \$6.95 Shrimp \$7.25</b>	
<b>Shrimp in Black Bean Sauce **</b>	\$8.25
Shrimp, green and red peppers and onions in a black bean sauce	
<b>Cashew-Crusted Salmon</b>	\$8.95
Boiled cashew-crusted salmon served with vegetables and rice in a teriyaki glaze	
<b>Lemon Creamy Almond Shrimp</b>	\$8.95
Crispy shrimp coated with lemon creamy sauce	
<b>Teriyaki Chicken Sushi Bento</b>	\$9.25
Teriyaki chicken, California roll, wasabi flavored potato salad and assorted tempura in a Bento box	
<b>Teriyaki Steak Bento</b>	\$9.95
Broiled flank steak, California roll, wasabi flavored potato salad and assorted tempura in a Bento box	

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 OmahaEmenu.com/Wave Bistro